

EDITORIAL

Proper health care is very needy and essential for a healthy society. Maintenance of health care is the collective responsibility of team medical, pharmacy and paramedical professionals. “Journal of Pharmaceutical Research and Health Care (JPRHC)” is started with an aim to contribute our part for the cause of health care. JPRHC publishes original research articles, reviews and provide excellent information, news, and current activities in pharmaceutical field. This will provide an excellent platform for budding researchers who want excel in the field of pharmacy and health care. We encourage you to utilize this opportunity. We offer prompt review, fast processing of your articles. Our editorial members are very much dedicated and we hope to give the best output in scheduled time.

Say No to Indiscriminate usage of NSAIDs

It will be our tradition to start every issue with a topic which demands attention of people especially pharma professionals and of course the researchers. NSAIDs are proved to be very beneficial as analgesic, antipyretic and anti inflammatory agents. Their usage is becoming more and more as they are available as OTC drugs. Its worth to remember that they too possesses number of side effects, including GI side effects, Nephropathy, liver failure and prolonged bleeding after an injury or surgery. It is now reported NSAIDs causes dementia and shows negative effect on protein synthesis. Their cardiovascular risk was in the head lines for several months. One more fact is that no NSAID should be taken for more than 10 days, unless a doctor has prescribed otherwise. Unnecessary and indiscriminate usage of NSAIDS increasing alarmingly (Green, 2001) and should be taken care of. They often take along with prescription drugs and there are several incidences of drug interactions. For example concomitant usage of anticoagulants or oral glucocorticoids should be avoided. (Ibuprofen, Clinical Pharmacology www.clinicalpharmacology.com). So, indiscriminate usage of NSAIDs should be regulated.

DR. A. ANNAPURNA,

Editor, JPRHC

KNOWLEDGE IS POWER-Francis Bacon