

Electro-Homeopathy based COVID-19 Safe-home Medical Management Study

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Abstract

In the middle of April 2021, the infection rate due to 2nd wave of COVID-19 attained a peak alarming level. Total COVID-19 hospital accommodation became inadequate with respect to the demand of COVID-19 patients. Several unused schools, community halls and auditoriums were converted to safe-homes for COVID-19 patients and home isolated accommodations. Two local clubs at Salt Lake, Sector 4, Kolkata was collaborated to run a COVID-19 Safe-home at Basanti Devi Vidyapith, Basanti Devi colony, at the beginning of May 2021. On behalf of the coordinators, a few Electro-Homeopathy (EH) practitioners were voluntarily engaged themselves to look after the patients. A complete report on the successful management of COVID-19 patients using Electro-Homeopathy treatment has been presented here in details. The efficacy of Electro-Homeopathy for COVID-19 treatment and in-depth details of the philosophy of EH along with EH treatment methodology has been discussed.

Keywords: Blood and Lymph, Complex Remedy, Corona Virus, Count Cesar Mattei, Homeostasis, Spagyric

1. Introduction

At the end of 2019, novel corona virus spread over quickly in Wuhan city of China. Immediately after that, a pandemic covered the rest of the countries throughout the world. The World Health Organization designated the disease as COVID-19¹. It was previously designated as Severe Acute Respiratory Syndrome Corona Virus 2 (SARS-CoV-2). Considering the severity of the pandemic, World Health Organization and United States Centers for Disease Control and Prevention outlined a clear guidance^{2,3} for the clinical features, diagnosis and prevention of COVID-19.

In February 2020, Corona virus was spreading all over India. Due to inadequate medical infrastructure and lack of social consciousness, a large number of deaths tolled due to sudden outbreak. By end of 2020, it was marginally controlled due to the tireless efforts of Indian doctors and COVID-19 warriors under the esteemed impact of Government of India. The research and testing of vaccines usually took considerable time to be deliverable to the society. Corona viruses (CoVs), are enveloped positive-sensed single stranded RNA viruses, characterized by crown-like spikes projected from the surface. It has an unusually large-size RNA genome, possessing a unique replication strategy. Due

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to an extremely fast mutating property, at the middle of April 2021, the second mutated wave of Corona virus has appeared in India at a vigorous way to toll a larger number of lives. This wave has become more violent for persons of lower age group. Understanding the severity of the virus, teams of alternative and traditional medicine practitioners and scientists put their sincere efforts to find out some way to combat this situation^{4–7}. Their treatment approach does not follow the process of the disruption of coronavirus but to increase the resistance in human system against the virus.

The infection rate due to 2nd wave of COVID-19 shoots up to an extremely alarming level at the end of April 2021. Total accommodations in COVID-19 hospitals became inadequate with respect to the demand of COVID-19 patients. Several unused Schools, Community Centres and Auditoriums were converted to safe-homes for COVID-19 patients to stay at home isolations.

2. Methodology

In Saltlake City, Kolkata, two local clubs came forward, collaborating among themselves, to run a COVID-19 Safe-home isolation at Basanti Devi Vidyapith, a school at Basanti Devi colony, at the beginning of May 2021. They arranged 20 beds to accommodate COVID-19 patients who have no home isolation facility at their homes. On behalf of the organizer, a few Electro-Homeopathy (EH) practitioners were voluntarily engaged themselves to look after the patients. Initially, eleven patients were admitted with COVID-19 positive test results. As the accommodation was not available in the COVID-19 hospital, considering the moderate gravity of the COVID-19 patients, the hospital doctors on emergency duty instructed some of the COVID-19 patient to stay either at their own home isolation or to go to a safe home accommodation. Sometimes from the emergency, patients were provided with very basic prescribed allopathic medicines. After coming to Basanti Devi Vidyapith safe home, they were brought to the management of the Electro-Homeopathy charitable treatment after completion of the 2/3 days previous allopathic dose. Then the Electro-Homeopathy treatment were taken up and continued till their final recovery and discharge. Some of them were admitted

under EH treatment from the beginning. The treatment summary of the patients under EH management has been presented in the result section.

In EH treatment, no anti-viral medicine is used for curing viral diseases. Proper selection of complex EH medicines very quickly restore the efficacy of natural immune system present in human body, enabling to identify, destroy and excrete any external invader as generated waste products. It is irrespective of the strain of the viruses. This is the beauty of EH treatment philosophy. EH remedy makes the immune system extremely powerful to identify all the external invaders to excrete toxin out of the body for quick patients' recovery. As evidence, it can be mentioned that Electro-Homeopathy medicines have a track record to fight successfully against various Pandemic, e.g., Cholera, Plague etc. at various places of the globe⁸.

Keeping its previous record in mind, since March 2020, a team of such practitioners, have been organizing various outdoors and NGO camps with a view to provide free medical and prevention support to 2384 mixed population of the society against Corona virus. A set of complex spagyric medicines were prescribed and distributed systematically from various outdoors and camps. The clinical follow-up has been carried out at certain intervals over a lengthy period of almost one year. Extremely good results have been achieved which were presented elsewhere in details. Due to various reasons, as the fully residential hospital facility could be arranged at our end, some of the active Corona positive cases were also treated keeping them at the home isolation. The reports of the camps and outdoors are presented elsewhere9.

3. Results and Discussions

3.1 Results

After the exposure of corona virus, the common symptoms usually noticed, within a week, are fever, cough, shortness of breath, sore throat, runny nose, headache and loss of smell and taste. Diarrhea, vomiting, aches and tiredness are additional symptoms visible in some cases. The patients were admitted in the safe home, maintaining all the COVID-19 norms (Table 1). Initially, a systematic tabulated clinical

Table 1. Resultant Data of Basanti Debi Home Isolation Centre An investigation & brief treatment data of COVID-19 Patients¹⁰

No.	Patient Name and age	Date of COVID-19 Test		Stay at COVID-19 Home
		Positive	Negative	days
1	Milan Baidya, 25 Y	14.05.2021	23.05.2021	09
2	Ujan Kheari, 12Y	07.052021	23.05.2021	16
3	Sanyashi Sarkar, 38Y	08.05.2021	22.05.2021	14
4	Lokenath Halder, 18Y, B	05.05.2021	23.05.2021	18
5	Prodip Baidya, 55Y	06.05.2021	22.05.2021	16
6	Brihaspati Halder, 30Y	08/05/2021	*	14
7	Behula Halder, 71Y	08/05/2021	23/05/2021	15
8	Uttam Sardar, 32Y	13/05/2021	29/05/2021	16
9	Nimai Sardar, 56 Y	19/05/2021	05/06/2021	17
10	Mrittunjoy Sardar, 48Y	19/05/2021	05/06/2021	17
11	Amala Sardar, 60Y	20/05/2021	15/06/2021	26
12	Rama Sardar, 61Y	23/05/2021	15/06/2021	23
13	Gouri Tanti, 22Y	05/05/2021	*	15
14	Chaitali Bardhan, 37Y	19/05/2021	05/06/2021	17
15	Dipali Das, 34Y	22/05/2021	08/06/2021	17
16	Tuktuki Das, 29Y	22/05/2021	08/06/2021	17
17	Subrata Gharami, 38Y	22/05/2021	15/06/2021	24
18	Mala Chakraborty, 57Y	23/05/2021	*	22
19	Swapna Sonar, 45Y	23/05/2021	*	22
20	Sankar Majhi, 52Y	09/06/2021	29/06/2021	20
21	Arjun Das, 55Y	29/05/2021	*	19

^{*}The tests could not be carried out for corona negative

parametric checkup has been carried out which include measurement of body temperature, blood pressure, pulse, oxygen saturation, smell and taste capability. The basic clinical test for Respiratory Tract Infection (RTI) has been carried out by expert practitioner if required. In almost all the cases, EH medicines were given from the beginning.

It has been frequently noticed that, the Corona virus affects Respiratory System specifically the lung. Two sets of remedies are basically considered for this purpose. The first set of remedy is chosen to support the respiratory organs and system. And the 2nd set is specified to provide support to the GI Tract and the excretory system. The 2nd set enhances the recovery by providing support of faster excretion of toxin. A global recovery is one of the very basic treatment

methodologies of Electro-Homeopathy. Hence, a faster recovery observed here, may be justified due to the design of the prescription to excrete the waste generated due to the disruption of evil invaders by providing support to the associated organs without causing any harm to other systems. The dose and dilution differ for individual patient, depending upon the intensity of the disease.

Twenty-one number of Patients from a wide age group from 12y to 71y, were successfully treated with EH medicines in the safe home. The safe home stay ranges from 9 to 17 days with an exception of 26 days for an older patient. Two basic sets of prescribed EH remedies are mentioned below:

Set I: Pettorale 1 (P1) + Canceroso 1 (C1) + Scrofoloso 1 (S1) + Linfatico 1 (L1) + Blue Electricity (BE)

Doses: 10 drops Thrice daily for adult & 5 drops Thrice daily for child

Set II: Scrofoloso10 (S10) + Canceroso 10 (C10) + Venereo 1(Ven 1)

Doses: 10 drops Twice daily for adult and 5 drops Twice daily for child

In Electro-Homeopathy, blood and lymph are the two major components taken into consideration for the remedy of the ailments. Specially selected parts of 114 number of herbal plants are usually used as the remedy with the help of extremely scientific processes including fermentation followed by successive distillation methods. Two sets of remedies are used in COVID-19 treatment are as mentioned above.

The compositional and resultant physiological action analysis of group members of remedies have been carried out and presented in Plant Data section of Supplementary web data¹¹. From this analysis, it is understood that the 1st set (P1+C1+S1+ L1+BE) of remedies contains: P1 the specific medicine for the respiratory organ. C1 prevents cell and tissue damages related to the respiratory organ. S1 acts on the lymph and lymphatic circulation of the lung and GI system. L1 acts on the lymphocytes and lymph gland enabling to increase the immunity of the lung. The electricity BE acts as antiseptic and stimulant of the nervous system of the lung. BE also enhances the overall activity of the set of remedy.

The 2nd set contains group members: S10, C10 and Ven1. From the plant data analysis, it is understood that these group members are specified to control and support the G.I. Tract and associated organs. So, the combination of these two sets of remedies result faster successful recovery of COVID-19 patients.

Moreover, for the safe home type of COVID-19 management system, an additional set of remedies are frequently used: Set-3 (F1+A2+C5) at 100/200 dilution (oral use) and Set-4 (F2+WE) for external application on forehead for the management of fever. And Set-5 (P4+C5+A2+GE) with warm water vapour is extremely useful as an inhaler to manage breathing problem and lung congestion.

A remarkably good results have been obtained as shown in the Table.

3.2 Discussion and Analysis

Electro-Homeopathy is a herbal spagyric based scientific medical system invented by an Italian Herbalist Count Cesar Mattei in 1865^{12,13}. During analyzing the remarkable results obtained as shown in the COVID-19 and other treatments also, the reasons found out behind those are listed as:

I. "Life is in Blood and Lymph"^{12,13} is the fundamental physiological axiom of Electro-Homeopathy related to the human health and disease. Disease is created due to the vitiation of blood or lymph or both.

Human body is an extremely complex system consisting of innumerable organs and constituents. In healthy condition, constituent organs work harmonically. Among those, blood and lymph are two vital circulating fluids. Blood is a unique fluid connective tissue present in our body. It is composed of red blood cells, white blood cells, blood platelets and plasma. Blood does the transportation of nutrition, hormones, enzymes, respiratory gases to various parts of the body. It regulates body temperature and the pH by interacting with acid and bases.

Lymph is a colorless fluid tissue comprised of lymphocytes, plasma and platelets. Lymph is a part of the lymphatic system, usually found in lymphatic vessels of the body. Lymph plays a vital role to transport white blood cells to the lymph nodes where the pathogens are usually destroyed. Moreover, the lymph removes toxins, waste and other unwanted materials from the body to maintain a balanced and healthy condition. Hence, lymph is basically, a part of the immune system.

In healthy condition, as far as, the constitutional and functional activities of blood and lymph are normal and balanced, the physiological activities of cells and tissues also remain normal. When virus enters human body, the balanced condition between the blood and lymph around the diseased and related organs, will be disturbed due to the excess load of the waste product carried by the lymph. Now an application of a prescribed set of complex Electro-Homeopathy remedy will be

essentially needed to bring back the dynamic balance between blood and lymph around the diseased organ.

Hence, in EH, the basic treatment philosophy is to quickly create a healthy balance between blood and lymph with the help of an easily acceptable, natural herbal complex set of remedies. Sets of properly chosen remedy is quickly absorbed by the affected organ due to its higher sensitivity^{14,15}. This process is continued till its full recovery.

A suitable set of complex remedy can only restore an all-round healthy balanced condition of cell and tissues, organs and various systems of the body. This property of EH remedies is extremely useful here, that does not allow the virus to reside anywhere in the body for some time but to drive it out quickly through the excretory system after disruption. For this purpose, certainly the medicinal support will be essentially provided to the excretory system along with the diseased organ. Here in EH system, the remedy does not usually kill the Virus but throw the disrupted virus out of the body.

II. 'Complexa Complexis Curantur' is the treatment methodology^{13,16,17}. It means that a complex disease of human being can only be cured by a complex set of specially made easily acceptable spagyric remedies. This philosophy is fully supported by the modern medical science, with an exception of the bulk nature of allopathic medicine. It is worth mentioning that in Homoeopathy, single symptomatically chosen remedy is prescribed for a patient.

In general, EH remedies are the mixtures of various complex spagyric essences of 114 plants and herbs^{18–20}. Remedies are classified into eight groups (Scrofoloso, Canceroso, Angioitico, Febrifugo, Linfatico, Pettorale, Vermifugo, Venereo) along with five liquid Electricity and AquaPerlaPelle. Here, each group contains some group members, specified to support blood, lymph, cell, tissue and various organs of the human body. All the members in a group possess a set of common plants usually suitable to cure a specific system of human body. In addition, each group member contains a set of specific plants suitable for an organ of that specified human system.

EH remedies contain multiple parts. A part of that contains a combination of very quick acting component, to create a homeostasis balanced condition of blood and lymph, on and around the affected organ. The second part consists of the remedy possessing properties to prohibit and repair the cell and tissue damages. Third part is an organ-based medicine helps to provide quickly a healthy balance in and around the affected organ. The remaining part consists of a liquid electricity that mostly enhances the activity of the set of remedies. It also stimulates the nervous system of the affected organs. Moreover, some liquid electricity possesses an antiviral & antiseptic herbal ingredient to act at the micro-level.

For an all-round recovery of a system of the body, usually such group members of various groups of remedies are mixed together to form a set of remedy. Again, for faster and global recovery, multiple sets of EH remedies are frequently prescribed together. Hence, an ideal complex set of medicines is prescribed for the faster recovery of the affected organ, maintaining the associated organs at the healthy state. Thus, a properly chosen complex set of remedies provide quick all-round relief and recovery of the corona patient successfully.

III. Cohobation – A Special Spagyric Remedy Preparation Method: This is another vital reason to cause quick recovery of a patient by EH treatment. The EH remedies are the mixtures of spagyric essences of few selected parts of useful plants. The spagyric essences are extracted with the help of a scientifically processed cascaded fermentation and distillation methods to preserve the vital energy present in the plant. The easily and efficiently acceptable specially made herbal EH spagyric essences make the recovery still faster. The quick and successful results have been obtained in this study, with the help of two sets of such remedies as also mentioned earlier.

IV. Quick Acting EH Remedies: For the home isolation and safe home type of COVID-19 management system, additional sets of remedies are frequently used as already mentioned earlier:

- Set-3 (F1+A2+C5) at 100/200 dilution (oral use) and
- Set-4 (F2+WE) for external application on forehead for the management of fever.
- Set-5 (P4+C5+A2+GE) with warm water vapour is extremely useful as an inhaler to manage breathing problem and lung congestion.

4. Conclusions

An Electro-Homeopathy based COVID-19 safe home facility has been established maintaining all COVID-19 norms, for almost one and half month's duration to accommodate twenty-one COVID-19 patients who have no home isolation facility at their own residence. Four EH practitioners volunteered themselves to take care the COVID-19 patients. All the patients were recovered successfully using EH medicines. In addition to usually specified Set-1 and 2 essential remedies, Set-3, Set-4 and Set-5 remedies were rendered as and whenever needed. EH remedies do not kill viruses directly but stimulate the natural human immune system very fast, enabling respective variants of lymphocytes to detect, destroy and excrete waste product quickly through excretory system. This is possible only by quickly restoring the dynamic balance between blood and lymph with the help of proper EH remedies. The EH treatment methodology quickly recovers and enhances the immune system already present in the human body with the help of fast acting complex EH medicines.

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6. Conflict of Interest

Authors declare that they have no conflict of Interest.

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